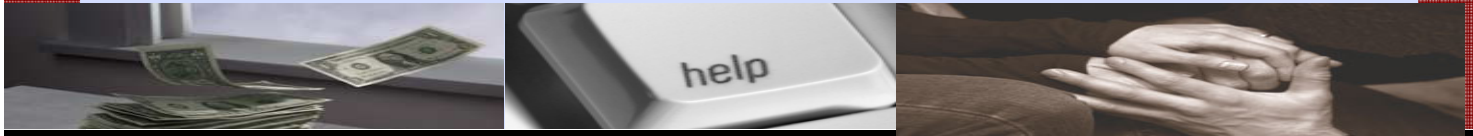


The Community Education Series

Winter 2012

Concerned about a loved one's substance use?
Parenting a youth who is using?
Misusing substances or experiencing problem gambling?
Need more information on substance use/misuse?

The seven sessions of the Education Series are **FREE** and each session is open to all members of the general public as well as all professionals.



1	The Development of Substance Dependence <i>Understanding problems from using substances.</i>	January 18
2	Chemicals and the Body <i>How our body is affected by alcohol and other drugs.</i>	January 25
3	The Process of Recovery <i>What is treatment? How do we prevent relapses?</i>	February 1
4	The Family Context <i>Family dynamics where substance problems are present.</i>	February 8
5	Gambling <i>How Much is Too Much?</i>	February 15
6	Helping Others <i>What you can do if your child, or a friend, or a partner, has problems with substances.</i>	February 22
7	Drugs in Our Society <i>A public health approach to illegal drugs.</i>	February 29

Wednesday Nights
7:00pm to
9:00pm
Just Show Up!

For More Information
Please Contact:
info@richmondaddictions.ca
604-270-9220



Cambie Community
Centre
12800 Cambie Road,
Richmond, BC

Please note the location of these sessions!