

# REGISTER TODAY!



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## Registration Information:

- ▶ Late registration is welcome  
(Pro-rated rate will be applied)
- ▶ Total 12 sessions
- ▶ Fee for the term **\$60**

### 2012 Term 1

Schedule: **Jan. 10 – Mar. 27**

Date & Time:

**Tuesdays afternoon  
14:30 to 15:15**

Venue: RCD, 100-5671 No. 3  
Road, Richmond, BC

For registration and more info  
Call Dina at 604-232-2404  
or email: [dina@rcdrichmond.org](mailto:dina@rcdrichmond.org)

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100-5671 No. 3 Road  
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## RICHMOND CENTRE FOR DISABILITY



*Music  
in  
Motion*

*With Xi Chen*

"Music creates a sense of empowerment because it enables the person who may have no other means at hand, to express such things as feelings, moods, and desires."

Tom McKenna



### What Music Therapy can bring?

- ✓ It facilitates relaxation
- ✓ It improves motor coordination
- ✓ It reinforces and provides motivation for physical exercise
- ✓ It facilitates self-expression
- ✓ It develops functional speech and communication abilities
- ✓ It increases cognitive functioning
- ✓ It motivates interaction with others

### What to expect during a session?

- ✓ Improvisation
- ✓ Instrumental playing
- ✓ Song writing
- ✓ Singing
- ✓ Listening
- ✓ Moving
- ✓ Creative activities



### Meet your Music Therapist:



Xi holds a Bachelor of Music Therapy degree from Capilano University and a Bachelor of Music with a specialization in Education from Xi'an Conservatory of Music (China).

Thanks to ten years of teaching piano to children and adults of all ages, and four years of practicing Music Therapy, Xi has learned to combine teaching and therapy to bring maximum benefit to her clients.

She has extensive experience working with children and adults with special needs and learning disabilities.