



Richmond Centre for Disability



One-on-One Coaching

RCD Table Tennis Class



INCLUSIVE SPORT FOR EVERYONE

Table Tennis is for everyone. It appeared at the first Games in Rome in 1960, making it one of the original Paralympic sports.

Speed, technique, concentration and mobility are the main success factors in this fast-moving sport.

- 🏓 Ideally suitable for people with disabilities, all ages and physical abilities, sitting or standing, leisurely or competitively

Booking is hourly-based; \$18 per hour session for a block of 5 sessions (one booking is \$90 for 5 sessions, book available time slots in advance)
Coach: Otto Ng, certified HKTTA Table Tennis Coach

For more enquires: call Tom at 604-232-2404 or email tom@rcdrichmond.org