


# (Recreation & Education) Activity Calendar for the Month of September 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
<b>Celebrate RCD 25th Anniversary</b> Richmond Centre for Disability 100-5671 No.3 Road Richmond, BC V6X 2C7 Tel: 604-232-2404 www.rcdrichmond.org			10:00 am – 11:00 am Martial Arts Course 11:00 am – 12:30 pm 3H Craftworks Club	10:00 am – 12:00 pm Singing Club 11:45 am – 1:45 pm Walking Club 12:00 pm – 2:00 pm Table Tennis Club 2:00 pm – 4:00 pm Social Group	1:00 pm – 2:00 pm Mom's Yoga Club (off site) 1:00 pm – 2:00 pm Tai Chi & Exercise 2:30 pm – 4:00 pm Friday Frenzy	First Class -----
5	6	7	8	9	10	11
	<b>LABOUR DAY</b>  <b>CENTRE CLOSED</b>	4:00 pm – 6:00 pm Strategy Games Club	10:00 am – 11:00 am Martial Arts Course 11:00 am – 12:30 pm 3H Craftworks Club 1:00 pm – 4:00 pm Train the Trainer – Volunteer Training	10:00 am – 12:00 pm Singing Club 11:45 am – 1:45 pm Walking Club 12:00 pm – 2:00 pm Table Tennis Club 2:00 pm – 4:00 pm Social Group	1:00 pm – 2:00 pm Mom's Yoga Club (off site) 1:00 pm – 2:00 pm Tai Chi & Exercise 2:30 pm – 4:00 pm Friday Frenzy	
12	13 ●	14 ●	15 ●	16 ●	17 ●	18
	10:00 am – 11:30 am Creative Arts Club 11:30 am – 1:00 pm Knitting & Rug Hooking Club 4:30 pm – 5:30 pm Guitar Club	2:30 pm – 4:00 pm Life Skills Training 4:00 pm – 6:00 pm Strategy Games Club	10:00 am – 11:00 am Martial Arts Course 11:00 am – 12:30 pm 3H Craftworks Club 3:00 pm – 4:30 pm Presentation: Mutual Fund Investment & How Money Works	10:00 am – 12:00 pm Singing Club 11:45 am – 1:45 pm Walking Club 12:00 pm – 2:00 pm Table Tennis Club 2:00 pm – 4:00 pm Social Group	1:00 pm – 2:00 pm Mom's Yoga Club (off site) 1:00 pm – 2:00 pm Tai Chi & Exercise 2:30 pm – 4:00 pm Friday Frenzy	9:30 am – 10:45 am Chinese Support Group Committee Meeting 11:00 am – 1:00 pm Chinese Support Group Pot Luck
19	20 ● ○	21 ●	22 ● ○	23 ●	24 ●	25
	10:00 am – 11:30 am Creative Arts Club 11:30 am – 1:00 pm Knitting & Rug Hooking Club 4:30 pm – 5:30 pm Guitar Club	2:30 pm – 4:00 pm Life Skills Training 4:00 pm – 6:00 pm Strategy Games Club	10:00 am – 11:00 am Martial Arts Course 11:00 am – 12:30 pm 3H Craftworks Club	10:00 am – 12:00 pm Singing Club 11:45 am – 1:45 pm Walking Club 12:00 pm – 2:00 pm Table Tennis Club 2:00 pm – 4:00 pm Social Group	1:00 pm – 2:00 pm Mom's Yoga Club (off site) 1:00 pm – 2:00 pm Tai Chi & Exercise 2:30 pm – 4:00 pm Friday Frenzy	
26	27 ● ○	28 ●	29 ● ○	30 ●		
	10:00 am – 11:30 am Creative Arts Club 11:30 am – 1:00 pm Knitting & Rug Hooking Club 4:30 pm – 5:30 pm Guitar Club	2:30 pm – 4:00 pm Life Skills Training 4:00 pm – 6:00 pm Strategy Games Club	10:00 am – 11:00 am Martial Arts Course 11:00 am – 12:30 pm 3H Craftworks Club 5:30 pm – 7:00 pm RDSP Workshop at Hasting Community Centre in Vancouver	10:00 am – 12:00 pm Singing Club 11:45 am – 1:45 pm Walking Club 12:00 pm – 2:00 pm Table Tennis Club 2:00 pm – 4:00 pm Social Group	Computer Course Monday to Friday Weekly Class  English Course Monday & Wednesday 2 Classes per week	●  ○



# (Recreation & Education) Activity Calendar for the Month of October 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 ●	2
<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;"> <h2 style="font-size: 2em; margin: 0;">Celebrate RCD 25th Anniversary</h2> </div> <div style="text-align: center;"> <p><b>Richmond Centre for Disability</b></p> <p>100-5671 No.3 Road Richmond, BC V6X 2C7 Tel: 604-232-2404 www.rcdrichmond.org</p> </div> <div style="text-align: center;">  </div> </div>					<p>1:00 pm – 2:00 pm Mom's Yoga Club (off site)</p> <hr/> <p>1:00 pm – 2:00 pm Tai Chi &amp; Exercise 2:30 pm – 4:00 pm Friday Frenzy</p>	<p><b>RCD 25<sup>th</sup> Anniversary Fundraising Gala – Cabaret</b> Executive Airport Plaza Hotel in Richmond</p>
					3	4 ● ○
	<p>10:00 am – 11:30 am Creative Arts Club 11:30 am – 1:00 pm Knitting &amp; Rug Hooking Club 4:30 pm – 5:30 pm Guitar Club</p>	<p>2:30 pm – 4:00 pm Life Skills Training 4:00 pm – 6:00 pm Strategy Games Club</p>	<p>10:00 am – 11:00 am Martial Arts Course 11:00 am – 12:30 pm 3H Craftworks Club</p>	<p>10:00 am – 12:00 pm Singing Club 11:45 am – 1:45 pm Walking Club 12:00 pm – 2:00 pm Table Tennis Club 2:00 pm – 4:00 pm Social Group</p>	<p>1:00 pm – 2:00 pm Mom's Yoga Club (off site) 1:00 pm – 2:00 pm Tai Chi &amp; Exercise 2:30 pm – 4:00 pm Friday Frenzy</p>	<p>Computer Course Monday to Friday Weekly Class ●</p> <hr/> <p>English Course Monday &amp; Wednesday ○ 2 Classes per week</p>
10	11 ● ○	12 ●	13 ● ○	14 ●	15 ●	16
	<p>10:00 am – 11:30 am Creative Arts Club 11:30 am – 1:00 pm Knitting &amp; Rug Hooking Club 4:30 pm – 5:30 pm Guitar Club</p>	<p>2:30 pm – 4:00 pm Life Skills Training 4:00 pm – 6:00 pm Strategy Games Club</p>	<p>10:00 am – 11:00 am Martial Arts Course 11:00 am – 12:30 pm 3H Craftworks Club</p>	<p>10:00 am – 12:00 pm Singing Club 11:45 am – 1:45 pm Walking Club 12:00 pm – 2:00 pm Table Tennis Club 2:00 pm – 4:00 pm Social Group</p>	<p>1:00 pm – 2:00 pm Mom's Yoga Club (off site) 1:00 pm – 2:00 pm Tai Chi &amp; Exercise 2:30 pm – 4:00 pm Friday Frenzy</p>	<p>9:00 am – 11:00 am Chinese Support Group Committee Meeting 11:00 am – 1:00 pm Chinese Support Group Member Meeting - Presentation</p>
17	18 ● ○	19 ●	20 ● ○	21 ●	22 ●	23
	<p>10:00 am – 11:30 am Creative Arts Club 11:30 am – 1:00 pm Knitting &amp; Rug Hooking Club 4:30 pm – 5:30 pm Guitar Club</p>	<p>2:30 pm – 4:00 pm Life Skills Training 4:00 pm – 6:00 pm Strategy Games Club</p>	<p>10:00 am – 11:00 am Martial Arts Course 11:00 am – 12:30 pm 3H Craftworks Club</p>	<p>10:00 am – 12:00 pm Singing Club 11:45 am – 1:45 pm Walking Club 12:00 pm – 2:00 pm Table Tennis Club 2:00 pm – 4:00 pm Social Group</p>	<p>1:00 pm – 2:00 pm Mom's Yoga Club (off site) 1:00 pm – 2:00 pm Tai Chi &amp; Exercise 2:30 pm – 4:00 pm Friday Frenzy</p>	
24/31	25 ● ○	26 ●	27 ● ○	28 ●	29 ●	30
	<p>10:00 am – 11:30 am Creative Arts Club 11:30 am – 1:00 pm Knitting &amp; Rug Hooking Club 4:30 pm – 5:30 pm Guitar Club</p>	<p>2:30 pm – 4:00 pm Life Skills Training 4:00 pm – 6:00 pm Strategy Games Club</p>	<p>10:00 am – 11:00 am Martial Arts Course 11:00 am – 12:30 pm 3H Craftworks Club</p>	<p>10:00 am – 12:00 pm Singing Club 11:45 am – 1:45 pm Walking Club 12:00 pm – 2:00 pm Table Tennis Club 2:00 pm – 4:00 pm Social Group</p>	<p>1:00 pm – 2:00 pm Mom's Yoga Club (off site) 1:00 pm – 2:00 pm Tai Chi &amp; Exercise 2:30 pm – 4:00 pm Friday Frenzy</p>	