

Feeling stuck?

Moving in a direction
that's not right for you?

Ready to try
something new?



Pre-employment Voyage of Discovery

In Motion & Momentum+

A career readiness program that supports you to move in a way that feels good,
tap into your full potential and create the life you want to live!

Every Wednesday
April 27 - June 29
1:00-3:00pm
On Zoom

1 In Motion

- Focus on who you are
- Strengths & skills
- Take charge & create a vision for your future

2 Momentum

- Take steps to make your vision a reality
- Collaborate with others in your community in a meaningful way

3 Momentum+

- Continue to build momentum towards achieving your goals
- Move from planning the life you want to living the way you want