



## RCD Activity Calendar for the Month of October 2024

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		<b>1</b> 1:00 pm – 2:00 pm Ipad Class 2:00 pm – 3:00 pm Windows 11 Class (Chinese) 2:00 pm – 3:00 pm Kalimba Class 2:30 pm – 3:30 pm Social Games Club 4:30 pm – 6 pm Sports and Running Club	<b>2</b> 11:00 am – 12:00 pm Relaxation (Hybrid) 1:00 pm – 2:00 pm English Conversation 1:00 pm – 2:00 pm Windows 11 Class	<b>3</b> 11:00 am – 12:30 pm Table Tennis 1:30 pm – 2:30 pm Singing Club 3:00 pm – 4:30 pm Public Speaking	<b>4</b> 9:30 am – 10:30 am Mom Dance 11:00 am – 12:30 pm Life Skills 1:00 pm – 2:00 pm Fun Exe Class (Hybrid) 2:00 pm – 3:00 pm Reading & Writing	<b>5</b>
<b>6</b>		<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
	10:30 am – 12:00 pm Creative Arts 1:00 pm – 2:00 pm Fun With Words 3:00 pm – 4:00 pm TOM Talks (Hybrid)	1:00 pm – 2:00 pm Ipad Class 2:00 pm – 3:00 pm Windows 11 Class (Chinese) 2:00 pm – 3:00 pm Kalimba Class 2:30 pm – 3:30 pm Social Games Club 4:30 pm – 6 pm Sports and Running Club	11:00 am – 12:00 pm Relaxation (Hybrid) 1:00 pm – 2:00 pm English Conversation 1:00 pm – 2:00 pm Windows 11 Class	11:00 am – 12:30 pm Table Tennis 1:30 pm – 2:30 pm Singing Club 3:00 pm – 4:30 pm Public Speaking	9:30 am – 10:30 am Mom Dance 11:00 am – 12:30 pm Life Skills 1:00 pm – 2:00 pm Fun Exe Class (Hybrid) 2:00 pm – 3:00 pm Reading & Writing	
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
	<b>Thanksgiving Centre Closed</b>	1:00 pm – 2:00 pm Ipad Class 2:00 pm – 3:00 pm Windows 11 Class (Chinese) 2:00 pm – 3:00 pm Kalimba Class 2:30 pm – 3:30 pm Social Games Club 4:30 pm – 6 pm Sports and Running Club	11:00 am – 12:00 pm Relaxation (Hybrid) 1:00 pm – 2:00 pm English Conversation 1:00 pm – 2:00 pm Windows 11 Class	11:00 am – 12:30 pm Table Tennis 1:30 pm – 2:30 pm Singing Club 3:00 pm – 4:30 pm Public Speaking	9:30 am – 10:30 am Mom Dance 11:00 am – 12:30 pm Life Skills 1:00 pm – 2:00 pm Fun Exe Class (Hybrid) 2:00 pm – 3:00 pm Reading & Writing	
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
	10:30 am – 12:00 pm Creative Arts 1:00 pm – 2:00 pm Fun With Words 3:00 pm – 4:00 pm TOM Talks (Hybrid)	1:00 pm – 2:00 pm Ipad Class 2:00 pm – 3:00 pm Windows 11 Class (Chinese) 2:00 pm – 3:00 pm Kalimba Class 2:30 pm – 3:30 pm Social Games Club 4:30 pm – 6 pm Sports and Running Club	11:00 am – 12:00 pm Relaxation (Hybrid) 1:00 pm – 2:00 pm English Conversation 1:00 pm – 2:00 pm Windows 11 Class	11:00 am – 12:30 pm Table Tennis 1:30 pm – 2:30 pm Singing Club 3:00 pm – 4:30 pm Public Speaking	9:30 am – 10:30 am Mom Dance 11:00 am – 12:30 pm Life Skills 1:00 pm – 2:00 pm Fun Exe Class (Hybrid) 2:00 pm – 3:00 pm Reading & Writing	
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>		
	10:30 am – 12:00 pm Creative Arts 1:00 pm – 2:00 pm Fun With Words 3:00 pm – 4:00 pm TOM Talks (Hybrid)	2:00 pm – 3:00 pm Windows 11 Class (Chinese) 2:00 pm – 3:00 pm Kalimba Class 2:30 pm – 3:30 pm Social Games Club 4:30 pm – 6 pm Sports and Running Club	11:00 am – 12:00 pm Relaxation (Hybrid) 1:00 pm – 2:00 pm English Conversation 1:00 pm – 2:00 pm Windows 11 Class	11:00 am – 12:30 pm Table Tennis 1:30 pm – 2:30 pm Singing Club 3:00 pm – 4:30 pm Public Speaking		

# RCD Activity Calendar for the Month of November 2024

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	<div style="border: 1px solid black; padding: 10px; display: inline-block;"> <p><b>Richmond Centre for Disability</b>                      Unit 968-5300 No.3 Road                      Lansdowne Centre                      Richmond, BC V6X 2X9                      Tel: 604-232-2404 <a href="http://www.rcdrichmond.org">www.rcdrichmond.org</a></p> </div> 				1	2
					<p>9:30 am – 10:30 am Mom Dance</p> <p>11:00 am – 12:30 pm Life Skills</p> <p>1:00 pm – 2:00 pm Fun Exe Class (Hybrid)</p> <p>2:00 pm – 3:00 pm Reading &amp; Writing</p>	
3	4	5	6	7	8	9
	<p>10:30 am – 12:00 pm Creative Arts</p> <p>1:00 pm – 2:00 pm Fun With Words</p> <p>3:00 pm – 4:00 pm TOM Talks (Hybrid)</p>	<p>2:00 pm – 3:00 pm Windows 11 Class (Chinese)</p> <p>2:00 pm – 3:00 pm Kalimba Class</p> <p>2:30 pm – 3:30 pm Social Games Club</p> <p>4:30 pm – 6 pm Sports and Running Club</p>	<p>11:00 am – 12:00 pm Relaxation (Hybrid)</p> <p>1:00 pm – 2:00 pm English Conversation</p> <p>1:00 pm – 2:00 pm Windows 11 Class</p>	<p>11:00 am – 12:30 pm Table Tennis</p> <p>1:30 pm – 2:30 pm Singing Club</p> <p>3:00 pm – 4:30 pm Public Speaking</p>	<p>9:30 am – 10:30 am Mom Dance</p> <p>11:00 am – 12:30 pm Life Skills</p> <p>1:00 pm – 2:00 pm Fun Exe Class (Hybrid)</p> <p>2:00 pm – 3:00 pm Reading &amp; Writing</p>	
10	11	12	13	14	15	16
	<p><b>Remembrance Day</b></p> <p><b>Centre Closed</b></p>	<p>2:00 pm – 3:00 pm Windows 11 Class (Chinese)</p> <p>2:00 pm – 3:00 pm Kalimba Class</p> <p>2:30 pm – 3:30 pm Social Games Club</p> <p>4:30 pm – 6 pm Sports and Running Club</p>	<p>11:00 am – 12:00 pm Relaxation (Hybrid)</p> <p>1:00 pm – 2:00 pm English Conversation</p> <p>1:00 pm – 2:00 pm Windows 11 Class</p>	<p>11:00 am – 12:30 pm Table Tennis</p> <p>1:30 pm – 2:30 pm Singing Club</p> <p>3:00 pm – 4:30 pm Public Speaking</p>	<p>9:30 am – 10:30 am Mom Dance</p> <p>11:00 am – 12:30 pm Life Skills</p> <p>1:00 pm – 2:00 pm Fun Exe Class (Hybrid)</p> <p>2:00 pm – 3:00 pm Reading &amp; Writing</p>	
17	18	19	20	21	22	23
	<p>10:30 am – 12:00 pm Creative Arts</p> <p>1:00 pm – 2:00 pm Fun With Words</p> <p>3:00 pm – 4:00 pm TOM Talks (Hybrid)</p>	<p>2:00 pm – 3:00 pm Kalimba Class</p> <p>2:30 pm – 3:30 pm Social Games Club</p> <p>4:30 pm – 6 pm Sports and Running Club</p>	<p>11:00 am – 12:00 pm Relaxation (Hybrid)</p> <p>1:00 pm – 2:00 pm English Conversation</p> <p>1:00 pm – 2:00 pm Windows 11 Class</p>	<p>11:00 am – 12:30 pm Table Tennis</p> <p>1:30 pm – 2:30 pm Singing Club</p> <p>3:00 pm – 4:30 pm Public Speaking</p>	<p>9:30 am – 10:30 am Mom Dance</p> <p>11:00 am – 12:30 pm Life Skills</p> <p>1:00 pm – 2:00 pm Fun Exe Class (Hybrid)</p> <p>2:00 pm – 3:00 pm Reading &amp; Writing</p>	
24	25	26	27	28	29	30
	<p>10:30 am – 12:00 pm Creative Arts</p> <p>1:00 pm – 2:00 pm Fun With Words</p> <p>3:00 pm – 4:00 pm TOM Talks (Hybrid)</p>	<p>2:30 pm – 3:30 pm Social Games Club</p> <p>4:30 pm – 6 pm Sports and Running Club</p>	<p>11:00 am – 12:00 pm Relaxation (Hybrid)</p>	<p>11:00 am – 12:30 pm Table Tennis</p> <p>1:30 pm – 2:30 pm Singing Club</p>	<p>9:30 am – 10:30 am Mom Dance</p> <p>1:00 pm – 2:00 pm Fun Exe Class (Hybrid)</p>	

For Zoom activities, joining information will be provided after registration. Some activities require a fee to participate. Limited space, register early.

For registration: contact activity coordinators, or email Tom at [tom@rcdrichmond.org](mailto:tom@rcdrichmond.org) or call 604-232-2404.

## RCD Activity Calendar for the Month of December 2024

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	2	3	4	5	6	7
	1:00 pm – 2:00 pm Fun With Words	2024 IDPD Celebration RCD Fundraising Gala				
8	9	10	11	12	13	14
	1:00 pm – 2:00 pm Fun With Words					
15	16	17	18	19	20	21
22	23	24	25	26	27	28
	Centre Closed for Christmas & New Year Break	Centre Closed for Christmas & New Year Break	Centre Closed for Christmas & New Year Break	Centre Closed for Christmas & New Year Break	Centre Closed for Christmas & New Year Break	
29	30	31				
	Centre Closed for Christmas & New Year Break	Centre Closed for Christmas & New Year Break				

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(Schedule may be subjected to changes)